

Strategies	Description & Examples (where possible)	Eligible Applicant	Est. Funding
<p>1. Early Intervention- Adults & Older Adults -Improving Screening and Integrated Care</p>	<p>Primary care and other nontraditional behavioral healthcare settings have implemented the use brief screening tools to support the identification of mental health and substance use disorder symptoms and risk factors. Evidence supports that screening and early intervention approaches are effective ways to manage behavioral health concerns and improve the overall healthcare experience of individuals and families. Community health centers, behavioral health centers, and other healthcare providers are essential to identify behavioral health concerns and initiate treatment for adults and older adults.</p> <p>Funding will support the development, maintenance, or expansion of existing programs and services that improve access and overall effectiveness of coordinated screening and early intervention care for adults and older adults with mild to moderate acuity and/or substance use disorder services. This may include but are not limited to programs and services that increase the availability and access to coordinated, and collaborative early intervention care, trauma-informed, support, and wrap-around services.</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000
<p>2. Treatment, Recovery, and Support Services- Youth & Family - Increasing Access and Coordinated Care</p>	<p>The demand for mental health and substance use services for youth and families has significantly increased in recent years in Cook County. Both locally and nationally, there has been significant increases in the number of youth experiencing moderate to severe anxiety and depression, mental health emergencies, and suicide. While gaps in access to mental health and substance use treatment, recovery, and support services persist across the socioeconomic status, there are significant disparities for BIPOC (Black, Indigenous, and People of Color) youth, LGBTQIA+ youth, and limited-English proficient youth and families.</p> <p>Funding will support the development, maintenance, or expansion of existing programs and services that increase access to a full continuum of prevention, treatment, and recovery services for youth and families. This may include but are not limited to programs and services that provide coordinated, trauma-informed, culturally humbled, linguistically responsive behavioral health and substance use programs that</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000

	meet youth and families where they are at both in the schools and the community.		
3. Treatment, Recovery, and Support Services- Adults & Older Adults -Increasing Access and Coordinated Care	<p>The demand for mental health and substance use services for adults and older adults is at an all-time high. According to the Substance Abuse and Mental Health Services Administration’s National Survey on Drug Use and Health, 1 in 5 people aged 12 or older used illicit drugs in the past year, 1 in 5 adults aged 18 or older have any mental illness, and less than half of those with mental illness received help for their disorders.</p> <p>Funding will support the development, maintenance, or expansion of existing programs and services that increase access and coordination to a full continuum of trauma-informed, culturally competent, linguistically responsive prevention, treatment, and recovery services of adults and older adults. This may include but are not limited to programs and services that provide behavioral health and substance use treatment, support, and recovery programs such as team-based care, harm reduction, community-based peer support services.</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000
4. Crisis Care: Increasing Community Awareness and Engagement and Aligning Mobile Crisis Response	<p>When someone is experiencing a mental health crisis, there are several access points, such as 988, 911, text lines, and warm or care lines. When a crisis cannot be resolved over the phone, a mobile crisis team must be dispatched to provide community-based intervention to the individual in need wherever they are, such as their home or place of work. Mobile Crisis Teams provide further assessment to the person in need and treatment and/or connection to care. For these services to meet their full potential, we must increase our communities’ awareness and engagement and enhance alignment.</p> <p>Funding will support the development, maintenance, or expansion of existing programs and services that increase communities’ awareness and engagement with someone to call and someone to respond and increase access and coordination of care to provide the right response to the person in need. This may include but are not limited to programs and services that decrease cultural shame and stigma, increase awareness and buy in from the community on community-based crisis access points, and availability of services with age-appropriate</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000

	assessment and treatment following call or text.		
5. Crisis Care: Somewhere to Go- Youth and Family - Moving from Emergency Department to Living Rooms, In Home Stabilization, and Crisis Stabilization Units	<p>Youth require developmentally appropriate behavioral health crisis care. As a result, there are often considerable gaps in the capacity to serve youth and families. Too often, youth experiencing behavioral health crisis face hospitalization or justice system involvement, instead of the home and community-based services they need to de-escalate and stabilize. This is especially true for youth populations that have experienced high unmet behavioral health needs, including BIPOC youth, LGBTQIA+ youth, and limited-English proficient youth.</p> <p>Funding will support the development, maintenance, or expansion of existing age-appropriate programs and services that increase community awareness and engagement among youth and families. This may include but are not limited to programs and services that expand access to developmentally appropriate assessment, sensitive de-escalation supports, safety planning, somewhere to go, and connection to on-going care where it is needed.</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000
6. Crisis Care: Somewhere to Go – Adults & Older Adults- Moving from Emergency Departments to Living Rooms, In Home Stabilization, Crisis Stabilization Units, and Sobering Centers	<p>Behavioral health crisis systems are evolving to become more sophisticated and diverse as localities invest in addressing issues such as emergency department boarding, unnecessary law enforcement involvement in responses to non-criminal health care crises, and inadequate and inequitable access to services. The goals of crisis systems often include providing rapid access to care for individuals experiencing mental health challenges, with the aim of alleviating distress as quickly, safely, and effectively as possible. Living rooms, in home stabilization, crisis stabilization units, and sobering centers can provide a safe and therapeutic alternative to hospital emergency departments, inpatient psychiatric units, and jails, and offer a no-wrong-door access to mental health and substance use care.</p> <p>Funding will support the development, maintenance, or expansion of existing programs and services that move crisis care from emergency departments to safe and appropriate place to go. This may include but are not limited to programs and services that expand access to living rooms, in home stabilization, crisis stabilization units and sobering centers.</p>	<ul style="list-style-type: none"> • Community Health Center • Community-based Organization • Education Agency • Faith Based Organization • Federally Qualified Health Center 	<ul style="list-style-type: none"> • Track 1 – Awards up to \$500,000 • Track 2 – Awards up to \$1,000,000

