

SYSTEM NEWS

May 17, 2019

Letter From the CEO

Dear Cook County Health Friends,

Each night in Cook County, nearly 9,000 people are living on the streets or in a shelter. Studies show that housing instability impacts overall health and well-being, with the homeless lacking access to regular preventive care, medications and chronic disease management.

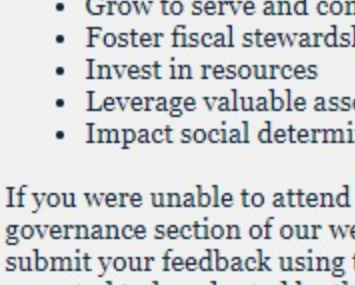
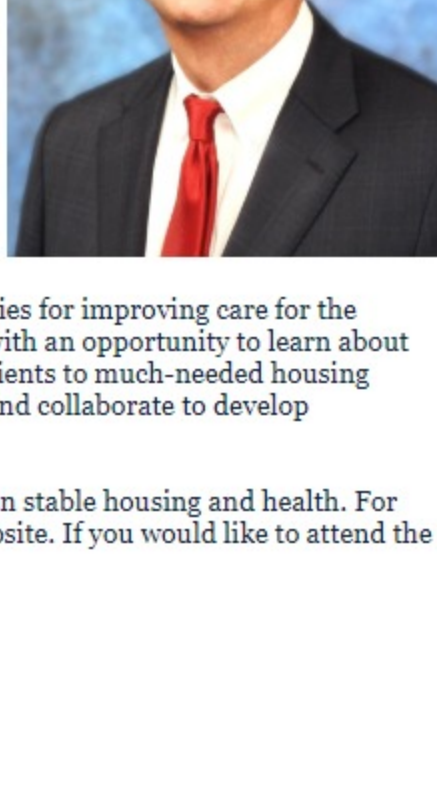
This is an issue that impacts Cook County Health directly. Our health system provides services to 83 percent of the single adult homeless population in Chicago, as identified through a data match between CCH records and the Chicago Homeless Management Information System. We at CCH know housing instability is a significant social determinant and have made it a priority area for partnership between the health system and various organizations.

On May 22, CCH will host its second Research and Innovation Summit, Housing is Health, to discuss opportunities for improving care for the homeless. Specifically, the summit will provide participants with an opportunity to learn about CCH's housing initiatives and innovative solutions to link patients to much-needed housing resources. It will also provide a session for people to engage and collaborate to develop actionable plans to address this critical issue.

We hope you will join us as we discuss the critical link between stable housing and health. For more information on the May 22 summit, please visit our website. If you would like to attend the summit, click [here](#) for more information.

Sincerely,

Dr. Jay Shannon, CEO, CCH

Still Time to Contribute to Cook County Health's 2020-2022 Strategic Plan

Cook County Health recently held community town hall meetings to update stakeholders about the state of the health system and discuss plans and ideas for the future.

Dr. Jay Shannon, CEO, shared with participants the progress from IMPACT 2020, the 2017-2019 strategic plan, while outlining the six focus areas for the 2020-2022 plan, which include:

- Deliver high quality care
- Grow to serve and compete
- Foster fiscal stewardship
- Invest in resources
- Leverage valuable assets
- Impact social determinants of health/advocate for patients

If you were unable to attend a town hall meeting, the presentation and survey can be found in the governance section of our website under the strategic planning tab or by clicking [here](#). Please submit your feedback using the instructions on the survey before May 27. The strategic plan is expected to be adopted by the CCH board in June.

Food Is Medicine

Access to food is critically important to our patients. Food gives them the energy to heal and the nutrients they need to stay well. A nutritious diet is also key to ensuring that children grow up healthy and strong, helping to mitigate the risk of chronic diseases in adults.

That's why Cook County Health has launched several initiatives to make sure food-insecure Cook County residents have consistent access to healthy food.

Fresh Markets

Shop for fresh fruits, vegetables and other healthy foods at CCH's Fresh Markets, presented by Black Oaks Center.

All forms of payment may be used. Individuals with SNAP can receive a dollar-for-dollar match (up to \$20/market/week) for a future purchase when they make a purchase with their LINK card.

Location	Address	Day of the Week	Hours
Oak Forest Health Center	15900 S. Cicero Ave., Oak Forest	Wednesdays	9 a.m. to 2 p.m.
Robbins Health Center	13450 S. Kedzie Ave., Robbins	Thursdays	11 a.m. to 3 p.m.
Cottage Grove Health Center	1645 S. Cottage Grove, Ford Heights	Fridays	9 a.m. to 2 p.m.

Summer Meals

Children 18 years and younger can get free, healthy meals at these Cook County Health centers this summer. Children do not need to be a current patient of CCH to access Summer Meals. Meals need to be consumed on-site. Other Summer Meals sites can be located by calling 800-359-2163 or by visiting [here](#).

Site Name	Address	Start/End Dates	Days/Times of Operation
Cottage Grove Health Center	1645 Cottage Grove Ave., Ford Heights	June 10 through August 23	Monday – Friday Noon to 1:15 p.m.; no meals on July 4, July 5 or August 2
Englewood Health Center	1135 W. 69th St., Chicago	June 25 through August 30	Monday – Friday 11 a.m. to 12:30 p.m.
Robbins Health Center	13450 W. Kedzie Ave., Robbins	June 24 through August 30	Monday – Friday 11:30 a.m. to Noon

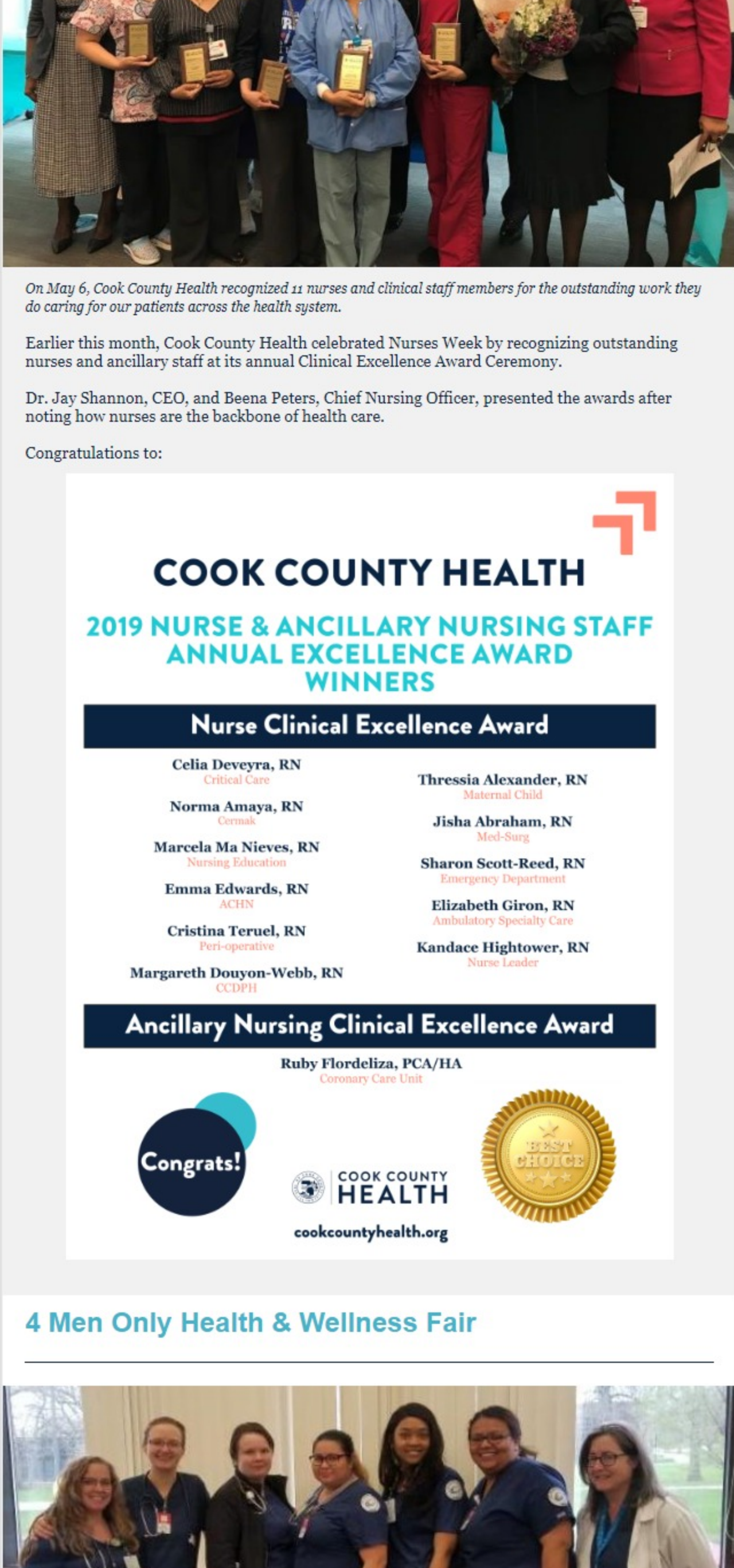
Fresh Trucks

In partnership with the Greater Chicago Food Depository, CCH hosts the Fresh Truck, a mobile resource that provides CCH patients with fresh produce. CCH patients should talk with their health care provider about how to get connected to the Fresh Truck and other resources to help access healthy and nutritious foods.

The Fresh Truck will visit the following CCH health centers on the following days and times:

Location	Address	2019 Dates	Time
Arlington Heights	3250 N. Arlington Heights Rd., Arlington Heights	July 18, September 19, November 21	9-10:30 a.m.
Austin Health Center	4800 W. Chicago Ave., Chicago	June 6, August 1, October 3, December 5	10:30 a.m. to Noon
Cicero Health Center	5912 W. Cermak Rd., Chicago	June 4, August 6, October 1, December 3	9-10:30 a.m.
CORE Center	2020 W. Harrison St., Chicago	July 19, September 20, November 15	9-10:30 a.m.
Cottage Grove	1645 Cottage Grove Ave., Ford Heights	June 11, August 13, October 8, December 10	10:30 a.m. to Noon
Englewood	1135 W. 69th St., Chicago	June 20, August 15, October 17, December 19	9-10:30 a.m.
Logan Square	2840 W. Fullerton Ave., Chicago	May 28, July 23, September 24, November 26	9-10:30 a.m.
Near South	3525 S. Michigan Ave., Chicago	June 20, August 15, October 17, December 19	1-2:30 p.m.
Oak Forest	15900 S. Cicero Ave., Oak Forest	May 23, July 25, September 26	10:30 a.m. to Noon
Prieto	2424 S. Pulaski Rd., Chicago	May 2, July 2, September 5, November 7	9-10:30 a.m.
Robbins	13450 S. Kedzie Ave., Robbins	June 18, August 20, October 15, December 17	10:30 a.m. to Noon
Sengstacke Health Center/ Provident Hospital	500 E. 51st St., Chicago	July 9, September 10, November 12	9-10:30 a.m.
Woodlawn	6337 S. Woodlawn Ave., Chicago	May 21, July 16, September 17, November 19	11 a.m. to 12:30 p.m.

Cook County Health Celebrates Nurses Week



On May 6, Cook County Health recognized 11 nurses and clinical staff members for the outstanding work they do caring for our patients across the health system.

Earlier this month, Cook County Health celebrated Nurses Week by recognizing outstanding nurses and ancillary staff at its annual Clinical Excellence Award Ceremony.

Dr. Jay Shannon, CEO, and Beena Peters, Chief Nursing Officer, presented the awards after noting how nurses are the backbone of health care.

Congratulations to:

COOK COUNTY HEALTH 2019 NURSE & ANCILLARY NURSING STAFF ANNUAL EXCELLENCE AWARD WINNERS

Nurse Clinical Excellence Award

Celia Deveyra, RN
Critical Care

Thressia Alexander, RN
Maternal Child

Norma Amaya, RN
Geriatric

Jisha Abraham, RN
Med-Surg

Marcela Ma Nieves, RN
Nursing Education

Sharon Scott-Reed, RN
Emergency Department

Emma Edwards, RN
ACHN

Elizabeth Giron, RN
Ambulatory Specialty Care

Cristina Teruel, RN
Peri-operative

Kandace Hightower, RN
Nurse Leader

Margareth Douyon-Webb, RN
CCDPH

Ancillary Nursing Clinical Excellence Award

Ruby Flordeliza, PCA/HA
Community Care Unit

Congrats!

COOK COUNTY HEALTH

cookcountyhealth.org



4 Men Only Health & Wellness Fair



Cook County Health held 4 Men Only in collaboration with volunteers from the medical programs at Malcolm X College and local area fraternities and sororities.

On April 27, Cook County Health held its 4 Men Only Health and Wellness Fair at Provident Hospital.

Research shows that compared to women, men are more likely to smoke and drink alcohol and generally lead less healthy lifestyles. In addition, men are more likely to put off routine checkups and delay seeing a health care provider for potential problems.

The event included complimentary blood pressure checks, HIV and Hepatitis C testing, eye and dental screenings and more. Lab work was also done for cholesterol, diabetes and prostate cancer screenings.

Physician Profile:

Dr. Lakshmi Warrior

As Cook County Health's Medical Director of Stroke and Chair of Neurology, Dr. Lakshmi Warrior is an expert at treating patients with neurological conditions, including stroke, dementia, HIV-associated neurological diseases, epilepsy and headaches.

Dr. Warrior leads a hospital-wide collaboration of specialists involved with the care of stroke patients, consisting of neurologists, critical care physicians, emergency department physicians, nurses, social workers and rehabilitation team members.

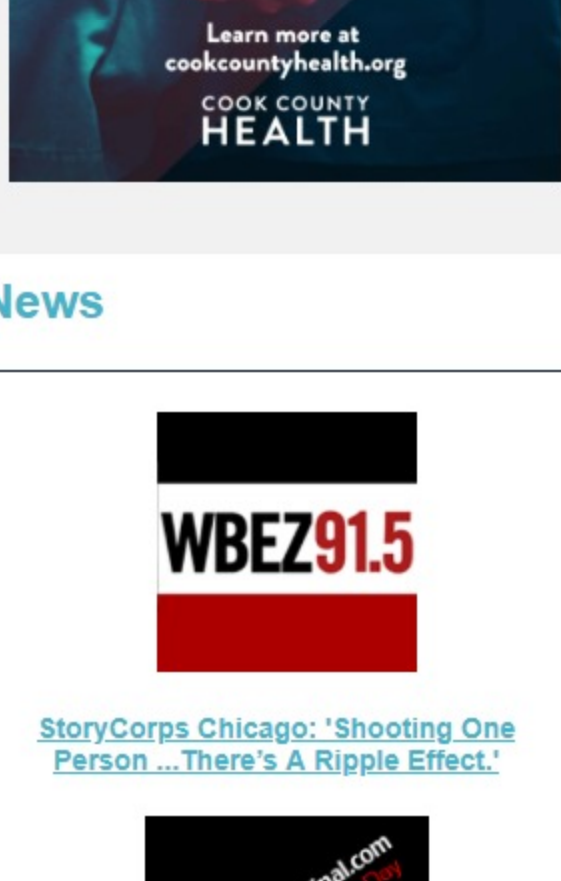
Dr. Warrior was instrumental in the creation of the CCH Stroke Clinic, a once-a-week, multidisciplinary clinic with the goal of providing comprehensive care to the joint patients. She also lead the effort to earn certification as a Primary Stroke Center from The Joint Commission.

Dr. Warrior completed her medical education at Rush Medical College and her residency training at Rush University Medical Center. She has a special interest in health disparities in neurologic disease.



Cook County Health Launches Brand Campaign: Making an Impact

Cook County Health is proud of its rich history focusing on health issues and disparities that impact our patients. This month, CCH launched a new campaign, *Making an Impact*, to highlight the health system's role in tackling major social and health issues, including the opioid epidemic, food insecurity and gun violence. Look for billboards, transit and digital ads, and posters in the community featuring the important work of CCH that is *Making an Impact*.



Cook County Health in the News

wttw11

[Cook County Jail to Expand Medication-Assisted Treatment for Opioid Addiction](#)

WBEZ91.5

[StoryCorps Chicago: 'Shooting One Person ... There's A Ripple Effect.'](#)

Chicago Tribune

[Will Cook County Be Home to the Next Big Measles Outbreak? Researchers Think So.](#)

ArlingtonCardinal.com

[Cook County Health Stop the Bleed Training Held at Cook County Health Professional Building](#)

abc 7 CHICAGO

[Cook County at High Risk for Measles Outbreak, Study Says](#)

Watch us on CAN TV

Every month, Cook County Health features a guest expert on CAN TV to offer viewers information on various health topics, such as heart disease and breast cancer, and to discuss prevention and treatment strategies. Be sure to tune in to CAN TV on the second Tuesday of each month at 5 p.m. to catch CCH's monthly segment, and call in with your health questions at 312-738-1060. To find archived episodes, visit YouTube and look for the *Community Health Hotline*. The next show will air on Tuesday, June 11 at 5 p.m.

Cook County Health in the Community: Upcoming Events

CCH's outreach team participates in a variety of community events throughout Cook County. Whether it is a health fair, festival, job fair or community picnic, CCH's outreach workers make sure that Cook County residents know about the full portfolio of services the system provides. If you would like to know where CCH will be this month, please check our [calendar of events](#).

Visit our website at [cookcountyhealth.org](#)

If you would like to invite a representative from CCH to attend a community event, please send an email to [events@cookcountyhhs.org](#).

To provide feedback on CCH Community News, update your contact information, or unsubscribe, please email Marcelino Garcia, Director of Community Affairs, at [mgarciab6@cookcountyhhs.org](#).