



COOK COUNTY HEALTH

Instructions for Your EGD Appointment

Please report to **Clinic R** at the arrival time listed in your appointment instructions. Clinic R is located on the second floor of **John H. Stroger Hospital**, at **1969 West Ogden Avenue, Chicago, IL**.

Important Notes:

- Bring a **responsible adult escort** to drive or accompany you home after the procedure.
- Your escort must check in with you and provide a phone number.
- You **cannot** drive or use public transportation alone after the procedure.

If you are unable to follow these instructions, your test will be **CANCELED**.

If you cannot find someone to escort you or are unable to complete the preparation, please call **312-864-3250, 312-864-3251, or 312-864-3252** to reschedule your appointment.

What is an EGD?

An **EGD (esophagogastroduodenoscopy)** is an examination of the lining of the esophagus, stomach, and upper duodenum using a small camera (flexible endoscope) inserted down the throat.

How to Prepare for Your EGD

The Night Before Your Procedure:

- **Do not eat or drink anything after midnight.** This ensures your stomach is empty, allowing the doctor to get a clear view.

One Week Before Your Procedure:

- Speak with your healthcare provider if you take **blood thinners**. You may need to stop them before the procedure.

Examples of blood thinners include:

- Coumadin (Warfarin)
- Plavix (Clopidogrel)
- Pradaxa, Xarelto, Eliquis, Savaysa
- Brilinta, Effient, Lovenox

Consult your healthcare provider regarding insulin dosage and oral medications before the procedure.

On the Day of Your Procedure:

- Take your **blood pressure and seizure medications** with a small sip of water.
 - **Do not** take oral diabetic medications.
 - Bring all your medications with you to the hospital.
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Escort Reminder:

Ensure your adult escort is available to accompany you to and from the hospital.

Additional Information:

- Leave all valuable belongings at home. The clinic is **not responsible** for lost or damaged items.
 - Do **not** wear nail polish on the day of your procedure.
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Contact Information:

If you miss our call, please call back to confirm your appointment at:

- **312-864-3250**
- **312-864-3251**
- **312-864-3252**
- **312-864-3264**