



COOK COUNTY HEALTH

GETTING READY FOR YOUR ANAL MANOMETRY

Please report to **Clinic R** at the arrival time listed in your appointment instructions. Clinic R is located on the second floor of **John H. Stroger Hospital**, at **1969 West Ogden Avenue, Chicago, IL**

If you are not able to follow these instructions below you will not be able to take the test.

Please call 312-864-3250 if you cannot take the prep to reschedule your procedure.

One day before your Procedure:

- **Take one fleets enema – Evening before the scheduled procedure**

--- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (except medications)

The day of your procedure:

- **Take one fleets enema in the morning of your scheduled procedure**
- **Take your medication as normal except the oral diabetic medication**

Additional Information:

- **Leave all valuable belongings at home. The clinic is **not responsible** for lost or damaged items.**
- **Do not wear nail polish on the day of your procedure.**

Contact Information:

If you miss our call, please call back to confirm your appointment at:

- **312-864-3250**
- **312-864-3251**
- **312-864-3252**
- **312-864-3264**