

FIND AN HIV INTEGRATED PROGRAM NEAR YOU

Cook County Health's HIV Integrated Programs provide **education, prevention, testing, and treatment** to combat the ongoing HIV epidemic in Chicago and suburban Cook County. Since 1983, we have delivered compassionate care to people living with HIV/AIDS — regardless of ability to pay. Our holistic approach ensures individualized care and supports the total well-being of every patient.

SCHEDULE AN APPOINTMENT

Live agent available 9AM-5PM
Monday-Friday
312-572-4500

WARMLINE

Messages returned daily on
weekdays or next business day
312-572-4515

WALK-INS WELCOME

Ruth M. Rothstein
CORE Center

2020 W. Harrison St., Chicago

cookcountyhealth.org/HIV

Same-day HIV/STI services available
8:30AM to 3:00PM Monday-Friday
Call 312-572-4700 to contact the Sexual Health Clinic

The CORE Center also offers:

Women's Primary Care Clinic
OB/GYN
Women's Support Groups

To schedule an appointment at any of the health centers listed below, please call the Access Line at 312-572-4500. For Provident Hospital, please call 312-572-2000.

Ruth M. Rothstein CORE Center

2020 W. Harrison St.,
Chicago

Arlington Heights Health Center

3250 N. Arlington Heights Rd.,
Arlington Heights

Austin Health Center

4800 W. Chicago Ave.,
Chicago

Belmont Cragin Health Center

5501 W. Fullerton Ave.,
Chicago

Blue Island Health Center

12757 S. Western Ave.,
Blue Island

Cottage Grove Health Center

1645 S. Cottage Grove Ave.,
Ford Heights

Englewood Health Center

1135 W. 69th St.,
Chicago

Morton East Adolescent Health Center

2423 S. Austin Blvd.,
Cicero

North Riverside Health Center

1800 S. Harlem Ave.,
North Riverside

Robbins Health Center

13450 S. Kedzie Ave.,
Robbins

Prieto Health Center

2424 S. Pulaski Ave.,
Chicago

Provident Hospital of Cook County

500 E. 51st St.,
Chicago

John H. Stroger, Jr. Hospital of Cook County

1969 W. Ogden Ave.,
Chicago



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LOVE YOURSELF LOUDLY



HIV INTEGRATED PROGRAMS

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WHAT IS HIV?

Human immunodeficiency virus (HIV) is a virus that attacks and weakens the body's immune system, leaving it unable to fight infections and diseases.

If left untreated, HIV can develop into acquired immune deficiency syndrome or AIDS. AIDS is the final stage of HIV where the immune system is defenseless against illnesses or infections.

More than 40,000 people in Illinois live with HIV or AIDS and more than half of those individuals reside in Chicago. There are approximately 1,000 new cases of HIV diagnosed in Chicago every year.

PREVENTION METHODS

Most people who get HIV get it through anal or vaginal sex, or sharing needles, syringes, or other drug injection equipment. But there are powerful tools that can help prevent STI/HIV transmission.

- PrEP (Pre-Exposure Prophylaxis)
- PEP (Post-Exposure Prophylaxis)
- Get Tested and Treated for Other STIs
- Staying in Treatment If You or Your Partner Has HIV
- Condoms
- Sexual Activities with Less Risk

SYMPTOMS

While testing is the only way to confirm HIV, some people experience flu-like symptoms 1-4 weeks after exposure, while others have none.

POSSIBLE RISK OF EXPOSURE

- If you had sex without a condom.
- If the condom broke during sex.
- If you had sex with someone whose status you did not know.
- If you have sex with someone who exchanges sex for money or drugs.
- If you had sex with someone who has used injection drugs.
- If you have been sexually assaulted.

During this period, HIV may not yet show up on a test but can still be transmitted. If you think you've been exposed and develop flu-like symptoms, call your doctor immediately.

TESTING

All individuals who are sexually active should prioritize their health by getting tested for HIV once a year.

You should be tested annually for HIV if you:

- Had unprotected vaginal, oral or anal sex with more than one partner in the last year.
- Had unprotected vaginal, oral or anal sex with an HIV-positive partner.
- Been diagnosed with another STI.
- Been treated for tuberculosis or hepatitis.
- Exchanged sex or drugs for money.
- Used IV or injection drugs or shared injection drugs with others.

TREATMENT

While there is no cure for HIV/AIDS, medical advancements in treatments, prevention and early detection have resulted in people living longer and healthier lives. If you have tested positive for HIV, visit your doctor to immediately begin antiretroviral treatment (ART) immediately. The earlier treatment begins, the easier it will be to manage the virus and continue your life.

Antiretroviral Treatment (ART) is prescribed medication that controls HIV. Overtime, it reduces the virus in your blood and other bodily fluids to help your immune system recover and can achieve an undetectable viral load. Once you are undetectable, you cannot transmit HIV.

