

Letter From the CEO

Dear Cook County Health Friends,

For more than 180 years, we have proudly served millions of patients, conducted research relevant to our communities that has changed clinical practice, and trained generations of physicians and healthcare professionals. And as long as there are patients and communities who rely on our skills and commitment, we will be here delivering the same high quality healthcare that everyone deserves.



Healthcare has become more competitive and more complex. As we continue to fulfill our mission, we must continue to evolve and stay ahead of the curve. Our brand is no exception, which is why I would like to introduce an exciting change for our health system.

Our new name and brand, Cook County Health, aligns with our commitment to the health and well-being of our patients and the communities we serve. Ushering in this new name and logo is another step forward into the next phase of our long legacy.

With many innovations happening in the near future to improve our care, our facilities and our services, this is a natural next step for the health system. These recent efforts warrant a refreshed brand that reflects our mission. With a more pronounced presence in the community, from our health centers to our public health and wellness offerings, including the largest Medicaid managed care health plan in Cook County, we are making strides toward our goal of elevating the health of Cook County.

As an important partner, supporter or patient, we wanted to share this exciting news with you. In the coming months, you will see our new brand on our facilities and in our clinics, on our letterhead and on our uniforms but more importantly, you will see it in our actions and our commitment to improve the health status of the individuals we serve.

Thank you for your continued support of Cook County Health.

Dr. Jay Shannon, CEO, CCH



Provide Your Input on the 2019 Cook County Budget

Cook County Health continues to fulfill its goal of adapting to changes in the healthcare environment while lowering reliance on local tax dollars. In fact, CCH generates 97% of operating revenues through patient fees, grants, and other sources, while remaining true to its historic mission to care for all regardless of their ability to pay.

The Cook County 2019 budget, which includes Cook County Health's budget, is nearing finalization. The health system's proposed 2019 budget does not seek additional operating support from Cook County taxpayers. And, the local tax allocation of \$102M has decreased by more than 75% since 2009, representing just 3% of CCH's operating revenue today.

The proposed \$2.9 billion budget includes several new services including mental health care at the Juvenile Temporary Detention Center, outpatient hemodialy sis at Provident Hospital, additional substance abuse services and expanded dental, primary care, ophthalmology and comprehensive cancer care. The budget also reflects continued growth in the County Care health plan.

Information on the proposed 2019 Cook County Budget for Cook County can be found here, and public hearings on the Cook County FY2019 budget will be held on the following dates and locations:

- October 22, 2018 at 6:30 pm at the Second District Courthouse, 5600 Old Orchard Road, Skokie
- October 25, 2018 at 6:30 pm at the Fourth District Courthouse, 1500 S. May brook Drive, May wood
- October 29, 2018 at 9:00 am at the County Board Room Rm 569, 118 N. Clark St., Chicago
- October 29, 2018 at 6:30 pm at the Sixth District Courthouse, 16501 S. Kedzie Parkway, Markham

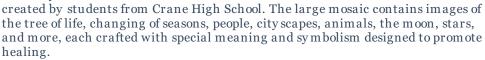
You can register to speak, submit written testimony, and find a copy of the full budget presentation at

https://www.surveymonkey.com/r/FY2019BUDGETS

Join Us for a Tour of the New Professional Building

The new 9-story, 282,000 square foot Professional Building, located on the corner of Polk Street and Damen Avenue in Chicago, opens to its first patients October 22. The brand new facility includes outpatient specialty services such as dental, ophthalmology, oncology, infusion, dermatology, diabetes, and endocrinology. Additionally, the building will include administrative space and a training and education center.

The facility is bright and modern, and the lobby features custom-made artwork



Come by and check out the new facility! Join us for a tour of new Professional Building on Saturday, November 3 between 9 and 11 am. R.S.V.P. to Angela.Way@cookcountyhhs.org or call 312-864-0941. Tours will occur at 9, 9:30, 10 and 10:30 am. When responding to Angela, please indicate which tour you plan to attend.

Advisory Councils Support Community Connections



 $South \ Suburban \ \hbox{--} \ Cottage \ Grove \ Health \ Center \ in \ Ford \ Heights$

CCH is proud to announce that Advisory Councils have been created at three CCH Community Health Centers: Cottage Grove Health Center in Ford Heights, Englewood Health Center in Chicago, and the new Arlington Heights Health Center opening later this year. The formation of Advisory Councils is part of the three-year Impact 2020 strategic plan, and serves as a key component of further integrating the CCH health centers into their communities. CCH intends to develop Advisory Councils at each center in the coming years.

The Advisory Councils provide guidance on community needs and help to promote the health centers in their communities. Each Advisory Council includes community leaders and at least two clinic patients. Continued collaboration with community partners is an exciting opportunity and serves to enhance the clinical and health services offered. If you would like to learn more about participating in an Advisory Councils, please email Marcelino Garcia, director of Community Affairs, at majarcia6@cookcountyhhs.org.



Southside - Englewood Health Center



Northwest - Arlington Heights Health Center

CORE Center Celebrates 20 Years of HIV/AIDS Care



The Ruth M. Rothstein CORE Center is celebrating 20 years of preventive care and research of infectious diseases. The CORE Center was established as a partnership between the Cook County Health and Rush University Medical Center two decades ago, and since it opened its doors in 1998, it has remained one of the largest providers of HIV/AIDS care in the United States.

The mission of the CORE Center is to provide the highest quality care for persons and families affected by infectious diseases, with respect, dignity and compassion, without regard to the ability to pay; to ensure a patient-centered and consumerguided environment; and to seek to better understand and to prevent these diseases through education and research.

The CORE Center and Cook County Health are proud partners of Getting to Zero Illinois, a statewide initiative to end the HIV epidemic in the state by 2030 in collaboration with community-based organizations, health care providers, government agencies, people living with HIV, and other committed community members. This can be achieved by getting 20% more people living with HIV virally suppressed and getting 20% more people vulnerable to HIV on Preexposure Prophylaxis (PreP). To learn more about the CORE Center, click here.

Fight the Flu with a Flu Shot

It's flu season again! In the U.S., up to 20 percent of the population is infected with the flu every year and more than 200,000 people are hospitalized for it. Unlike a cold, influenza symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue.

The CDC recommends every individual six months of age or older to get a yearly flu shot, which protects against several strains of the virus. In addition, every one can take basic precautions such as practicing good hygiene, making an effort to clean commonly touched surfaces, getting enough rest, and staying home when sick.

"The single best way to protect yourself against the flu is to get vaccinated," said Dr. David Schwartz, chair of infectious disease at CCH. "If you don't do it for yourself, consider those children and elderly individuals in your life who are more at-risk for becoming critically ill if you pass the virus on to them. The flu shot is important for their health."

You can get the flu vaccine at your doctor's office, urgent-care clinics and local

pharmacies. Although it is never too late, Cook County Health encourages residents to get a flu shot as soon as possible.

A Night Out for County Health



The Cook County Health Foundation Associate Board, which is comprised of young professionals who work to increase awareness, raise money, and lay the foundation for future philanthropic support of CCH, is hosting an event on Friday, November 9 that will benefit CCH labor and delivery services. Join the Associate Board in raising awareness and funds for better health outcomes. <u>Tickets</u> include drinks and light fare.

'Journey Through Breast Cancer' Event Honors Those Touched by Cancer



CCH once again honored those battling cancer, cancer survivors and their loved ones, and the clinicians who care for them, at the 11th annual 'Journey Through Breast Cancer' event on the Stroger Hospital campus. More than 200 people whose lives have been touched by cancer joined together for music, education, support and fun.

Cook County Board President Toni Preckwinkle kicked-off the event by addressing the large group—almost all wearing pink clothing and accessories and shared that her family was also impacted by breast cancer. Mariachi Mexico Vivo filled the room with music,

and 30-year Stroger Hospital employee and breast cancer survivor Brienda Crosby-Averhart offered inspirational words from her book "A Journey Through Breast Cancer."

Chief Medical Officer Claudia Fegan, M.D. moderated a panel of six physicians who discussed the key components of breast health and clinical cancer care, including preventive medicine, mammography, medical oncology, surgical oncology, surgical pathology, and radiation therapy. The program continued as the attendees socialized and enjoyed a performance by Hoofers Tap, raffle prizes, Will and Friends jazz musicians, gospel singer Onos Brisibi, and Tina Turner impersonator Dorothy Roberson.

Public Charge Rules Will Impact CCH Patients and

Their Families



Last week the Trump Administration published draft rules to dramatically change the "public charge" test, which would affect immigrants seeking admission into or lawful permanent residency (i.e. green card) in the United States. The changes would expand the number and types of public benefits that could be considered in public charge and effectively add an income test to this process.

CCH is strongly opposed to these changes, which would be harmful to patients and their families, as it would deter individuals who are eligible for these benefits from applying for or continuing their participation in Medicaid, SNAP, and certain housing programs.

The draft rules are currently in a 60-day comment period. CCH will be submitting comments, and encourages its partners to express concerns about the adverse impacts that this rule would have on the health and well-being of Cook County residents. You can <u>submit comments online</u> from now until December 10, 2018. For more information about public charge and the proposed changes, visit the <u>Protecting Immigrant Families website</u>.

Physician Profile:

Dr. Oluwatoyin Adeyemi, Senior Director for HIV Services, CCH

Dr. Oluwatoy in Adey emi is actively involved with CCH's research on HIV/AIDS, including common health problems such a co-infections, comorbidities in HIV and Hepatitis C, bone disease and long-term therapy issues. She was instrumental in the opening of a Hepatitis C clinic at the Ruth M. Rothstein CORE Center, where she has been a practicing physician for nearly two decades. Her passion for caring for those with viral hepatitis and addressing health



disparities has led her to be an advocate for these patients, and she and her team have launched a series of initiatives aimed at improving the health of patients with this infection.

Dr. Adey emi is on the steering committee and co-chairs the Health Care Availability and Access Committee of Getting to Zero Illinois, a statewide initiative to end the HIV epidemic in the state by 2030. She has authored or co-authored over 50 manuscripts published in peer-reviewed journals. Check out Dr. Adey emi discussing her work on infectious diseases on this month's edition of Cook County Health's CAN-TV show.

Cook County Health in the News





Doctors urge people to get flu vaccine following last year's deadly season

'The Conners' shines spotlight on opioid epidemic

Breast cancer for men rare, but still 'it can happen to you'

How 10 big Chicago hospitals vow to step up for 18 hurting neighborhoods

Chicago Tribune

Flu killed more Americans last season than car crashes and drug overdoses. But Chicagoans can protect themselves

HOSPITAL REVIEW

Sen. Dick Durbin: How 10 Chicago hospitals are improving patient health in 18 neighborhoods

Watch us on CAN TV

Every month, Cook County Health features a guest expert on <u>CAN TV</u> to offer viewers information on various health topics, such as heart disease and breast cancer, and discuss prevention and treatment strategies. Be sure to tune in to CAN TV on the second Tuesday of each month at 5 p.m. to catch CCH's monthly segment, and call in with your health questions at 312-738-1060. To find archived episodes, visit YouTube and look for the <u>Community Health Hotline</u>. The next show will air on Tuesday, November 13 at 5 p.m.

Cook County Health in the Community: Fall Events

CCH's outreach team participates in a variety of community events throughout Cook County. Whether it is a health fair, festival, job fair or community picnic, CCH's outreach workers make sure that Cook County residents know about the full portfolio the system provides. If you would like to know where CCH will be this month, please check our calendar of events.

Visit Our Website at cookcountyhhs.org.

If you would like to invite a representative from CCH to attend a community event, please send an email to events@cookcountyhhs.org.

To provide feedback on CCH Community News, update your contact information, or unsubscribe, please email Marcelino Garcia, Director of Community Affairs, at mgarcia6@cookcountyhhs.org.