

No matter your age, at Cook County Health your health and wellness are our top priorities. We are committed to building lasting relationships with our patients, their families and communities to promote good health at every stage of life.

SERVICES:

Family & Internal Medicine

- Annual physicals and health exams
- Immunizations
- Acute care for injuries or short-term illnesses
- Care of chronic and complex illness
- Special procedures and treatment plans
- Care coordination with specialists, mental health providers and community services

Pediatrics

- Same-day sick visits
- School and sports physical exams
- Growth and developmental milestones
- Immunizations
- Specialty pediatric care

Well-Woman Care

- Pregnancy testing
- Gynecological exams
- STI testing and treatment
- Family planning and contraceptive services
- Breast and cervical cancer screenings
- Mammogram referrals
- Menstruation and menopause care

NEED HELP AFTER HOURS?

Current patients can reach us after hours at 708-753-5800 or send your care team a message through the Cook County Health Patient Portal for a response the next business day. For emergencies, call 911.

GET COVERED!

Cook County Health provides assistance to those who need insurance, including Medicaid, All Kids and the Health Insurance Marketplace plans. Call our office to speak to the Sengstacke Health Center financial counselor.

COTTAGE GROVE HEALTH CENTER

1645 Cottage Grove Avenue
Ford Heights, IL 60411
708-753-5800

For the latest hours of operation, visit
cookcountyhealth.org/our-locations

COOK COUNTY
HEALTH

cookcountyhealth.org

COOK COUNTY
HEALTH

COTTAGE GROVE HEALTH CENTER

Your Medical Home

**A team-based approach
to providing compassionate care
to you and your family**

Doctors, nurses, and medical assistants
are your partners in caring
for you and your family's health and wellness.



cookcountyhealth.org

MAKE AN APPOINTMENT

Call 708-753-5800 to make an appointment.

If you need to cancel an appointment, please call us. This makes it possible for us to care for another patient.

PATIENT PORTAL

Use the Cook County Health Patient Portal to message with your doctor, view some lab results and future appointment dates, and ask for medication renewals. To sign-up for or sign-in to the portal, visit cookcountyhealth.org/portal.



You may also provide the registration clerk with your email address to learn how to set up your secure online portal account.

NEED A RIDE?

If you are a CountyCare member or have health coverage through Medicare and you need a ride to your appointment, call 312-864-RIDE (7433) to schedule a ride. 24-hour notice is required.

Many Medicaid health plans offer free rides. If you have coverage through another health plan, call your insurer to see if you qualify.



Your health center is your patient-centered medical home.

We are a team of doctors, nurses, and medical assistants working to keep you healthy and in care. You are the leader of this team and have the most important role in staying healthy!

YOUR ROLE AS TEAM LEADER:

- Be on time to your appointments and schedule a yearly check-up
- Take your medicine as your doctor ordered
- Make sure the front desk registration clerk has your current telephone number, email address and insurance information
- Ask any questions you may have and make sure we give you answers you can understand
- Cancel appointments you cannot make



OUR ROLE AS TEAM MEMBERS:

We work together to:

- Provide you with kind, patient-centered care
- Answer your questions in a way you can understand
- Explain ways to stay healthy
- Minimize your wait time in clinic
- Remind you of appointment dates and times



WIC PROGRAM

Women, Infants and Children (WIC) is a food supplemental and nutrition education program for pregnant women, new mothers and young children to promote healthy eating and diets.

WIC services are offered at the following Cook County Health locations:

Arlington Heights – 847-506-4005

Stroger Women's Health – 312-864-6100

North Riverside – 708-783-9800

Belmont Cragin – 773-782-8909

Robbins – 708-293-8200

Cottage Grove – 708-753-5901

Food coupons are good for many healthy food items including:

- 100% Fruit juice
- Baby food
- Canned fish
- Cereal
- Cheese
- Eggs
- Fruits
- Infant formula
- Milk
- Peanut butter
- Vegetables
- Whole grains

Cottage Grove Health Center also offers social workers who can help if you or your child are struggling emotionally or need additional resources.

cookcountyhealth.org