

SERVICES:

- Primary Care
- Gynecology
- Radiology
- Cardiology
- Podiatry
- LifeStyle Center
- Diabetic Education
- Behavioral Health/Social Work
- Ophthalmology
- Physical Therapy
- Pain Management

Monday, Thursday and Friday*
8 am to 5 pm

Tuesday and Wednesday
9:30 am to 6 pm

Saturday
8 am to 4 pm

**Closes every first Friday
of the month at 12 pm*

*Hours may change due to COVID,
please visit our website for
current hours*

PARKING AVAILABLE

NEED A RIDE?

If you are a Cook County Health patient and need transportation to your appointment, call 312-864-RIDE (7433) to schedule a ride.

NEED HELP AFTER HOURS?

Current patients can reach us at MyCookCountyHealth.org, or call 708.293.8400. For emergencies, call 911.

GET COVERED!

Cook County Health provides assistance to those who need insurance, including Medicaid, All Kids and the Health Insurance Marketplace plans. Call our office to speak to the Blue Island Health Center financial counselor.

BLUE ISLAND HEALTH CENTER

12757 South Western Avenue
Blue Island, Illinois 60406
708-293-8400

COOK COUNTY
HEALTH

cookcountyhealth.org

COOK COUNTY
HEALTH

BLUE ISLAND HEALTH CENTER

Your Medical Home

**A team-based approach
to providing compassionate care
to you and your family**

Doctors, nurses, and medical assistants are your partners in caring for you and your family's health and wellness.



cookcountyhealth.org

FAMILY & GENERAL MEDICINE

No matter your age, at Cook County Health, your health and wellness are our top priorities. We are committed to building lasting relationships with our patients, their families and communities to promote good health at every stage of life.

Whether you need an annual exam or more specialized care, our primary care providers are here to offer you the best possible health care including:

- Annual physicals and health exams
- Immunizations
- Acute care for injury or short-term illness
- Care of chronic and complex illness
- Special procedures
- Care coordination with specialists, mental health providers and community services

PRENATAL CARE

Obstetrics (OB) provides complete care for pregnant women.

- Pregnancy testing
- Routine prenatal exams and pregnancy care
- Care for high risk pregnancies
- Breastfeeding support
- Ultrasound services
- Fetal heart rate monitoring services
- In hospital labor and delivery care
- In hospital newborn care



We can help guide you to a healthy, safe delivery at Cook County Hospital. After your baby is born, we can continue to help care for you and your baby, so you feel confident as a mother here at Blue Island Health Center.

WELL-WOMAN CARE

We offer full medical services for every phase of a woman's life – from teenage years to menopause.

- Pregnancy testing
- Gynecological exams
- STI testing and treatment
- Family planning contraceptive services
- Breast and Cervical Cancer screenings
- Mammogram referrals
- Menstruation and Menopause care

Our team is here to provide general gynecology services for prevention and to maintain good health.

We recommend you see your provider for annual check-ups starting in your teens.

PEDIATRICS

Children should see their pediatrician yearly for a physical exam to check developmental milestones and receive their required vaccinations. Our health center also offers school and sport physicals. When your child is sick, we are here for you. Same day appointments available.

Well-child Visits

- School and sports physical exams
- Growth and developmental milestones
- Immunizations

Adolescent Services

Pediatric Specialty Care Needs

- Pediatric specialty services are located at Stroger Hospital, referrals can be obtained by your Blue Island pediatrician.

Common Reasons for Sick visits:

- Fever above 101°
- Frequent diarrhea
- Lingering coughs
- Continual vomiting
- Pain when urinating
- Rash
- Persistent colds
- Breathing problems



WIC PROGRAM

Women, Infants and Children (WIC) is a food supplemental and nutrition education program for pregnant women, new mothers and young children to promote healthy eating and diets.

WIC provides:

- Nutrition education for individuals, in group sessions and online
- Breastfeeding Support
- Special Formulas
- Referrals

Food coupons that are good for healthy foods including:

- 100% Fruit juice
- Fruits
- Baby food
- Infant formula
- Canned fish
- Milk
- Cereal
- Peanut butter
- Cheese
- Vegetables
- Eggs
- Whole grains



WIC services are offered at the following Cook County Health locations:

- Arlington Heights - 847.506.4005
- Stroger Women's Health – 312.864.6100
- North Riverside - 708.793.9800
- Logan Square - 773.782.8901
- Robbins - 708.293.8200
- Austin- 773-826-9600

Blue Island Health Center also offers social workers who can help if you or your child are struggling emotionally or need additional resources.

cookcountyhealth.org